



Rebecca vanden Bogaerde



2nd November 2021

Hi Rebecca,

Thank you so much for supporting us with your Coaching Business Fundraising raising an amazing £819.10. We hope you had fun.

People and families affected by eating disorders need support now more than ever before due to the isolation, uncertainty and anxiety caused by the coronavirus pandemic. Demand for our Helpline services has soared since the outbreak and we've been keeping up as best we can. It is because of your creative fundraising and dedication to support families affected by eating disorders that we have been able to keep our Helpline services open every single day.

You have helped us answer more than 10,777 calls, emails, web chats and support sessions for our online groups in September because of your amazing support. At a time when we might be feeling cut off, alone and further apart from friends and family, your fundraising has helped show people with eating disorders and the loved ones that they are not alone.

People like Jane. Jane called us overwhelmed with panic about not being able to access her usual foods. She'd been managing her condition for over twenty years but with the outbreak of the coronavirus everything changed.

Thankfully, we were here. Her call to Beat helped her decide to seek professional help and gave her strategies to help manage her emotions in the uncertain times ahead.

It's because of supporters like you that Jane and over a thousand others like her have still been able to turn to Beat when they need us most. **You make this possible, thank you.**

Please find your certificate enclosed which we hope you will display proudly in your kitchen, save in your memory box or share on your social media.

Thank you so much again Rebecca for supporting us. We're working hard to make sure we can continue to be here for those who need us as we face the change and uncertainty ahead, we're so grateful that you're helping us to make sure this is still possible.

Best wishes

A handwritten signature in black ink that reads "Emily BC".

Emily Battersby-Case
Community Fundraising Manager

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Looking for support? Helpline: 0808 801 0677 help@beateatingdisorders.org.uk

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